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Block \_\_\_\_\_\_\_\_ Unit \_\_\_\_\_\_\_

**Japanese Cuisine**

1. List 4 words that describe Japanese cuisine:

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1. Why is the appearance and presentation of food considered so important in Japanese cooking?

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1. Why do the Japanese avoid blending flavours in their cooking?

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1. Two religions in Japan, Zen Buddhism and Shintoism, have influenced Japanese cooking. Buddhism suggests each meal should have \_\_\_\_\_\_\_\_\_\_\_\_\_\_ dishes prepared in one of the following five ways: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ , \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ , \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ,\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ,or \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

with five flavours: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ,\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ,\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ,

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and five colours.

1. Describe another way that one of the religions of Japan has had an effect on the cuisine \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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1. Describe two of the most important flavourings used in Japanese cooking.  
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**Page 2**

1. Regarding spices, what is the main difference between Japanese and Indian cuisine? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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1. Suggest a reason that seafood is served so frequently in Japan.

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1. What is Kobe beef? Do you think it would be expensive in Japan? Why or why not?

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1. Why is only a licensed chef allowed to serve blowfish in Japan? Would you try it? Why or why not?

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1. What is a common Japanese breakfast?

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1. Do you think a typical Japanese person would enjoy granola cereal for breakfast? Why or why not?

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1. What is the Japanese equivalent to a “brown bag” lunch? Explain or describe.

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1. What is served at a typical main meal of the day in Japan?

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