EASY STEPS TO SUCCESSFUL HOME CANNING

Place jars and water in canner over high heat.



top quality ingredients. Always use the best



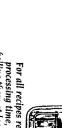
hot soapy water. Wash jars in



Pressured canned food - 1 inch (2.5 cm) Pickles, Tomatoes - 1/2 inch (1 cm) Jam, Jelly - 1/4 inch (0.5 cm) Leave proper "head space" Fruit - 1/2 inch (1 cm)

prepared recipe. Fill hot jar with

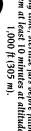
Apply screw bands just until fingertip tight.



For all recipes requiring less than 10 minutes processing time, sterilize jars before filling by boiling them at least 10 minutes at altitudes up to



rubber spatula between jar and food.





Remove air bubbles by sliding



Boil SNAP LIDS 5 minutes to

any stickiness. Wipe jar rim removing

Centre SNAP LID on jar.



method and time from tested Process filled jars using recipe.

SNAP LID and jar. This allows rising steam, created inside the jar during processing, to be exhausted.

FINGERTIP TIGHT allows 'give' between the



Check for vacuum seal.
As jars cool, the lids 'snap' down
creating an airtight, vacuum seal.
Sealed lids curve downward. Cool jars 24 hours.



store separately. Label, date Remove screw bands and and store jars in a cool, dark place.