**Hot Bean Dip**

125 ml refried beans

80 ml canned tomatoes, drained and chopped

5 ml minced onion

1 ml Worcestershire sauce

½ clove garlic, minced

2 ml chili powder

60 ml cheddar cheese, grated (\*\*reserve 15 ml for sprinkling on top\*\*)

1. Mix together all ingredients.
2. Heat in a sauce pan on **LOW HEAT** until the cheese melts, stirring occasionally.
3. Serve warm, sprinkled with reserved grated cheese.

